

Dear Patient: Things you should know before surgery.

IMPORTANT PRE-PROCEDURE INSTRUCTIONS

You will need a ride to and from procedure.

You may take medications except what is listed below with a small sip of water

You need to stop all Aspirin products (7) days prior to injection.

You will need to stop all of your arthritis medications and anti-inflammatories (Vioxx, Celebrex, Bextra, Mobic, Motrin, Advil, Aleve, Fish Oil, etc) (5) five days prior to injection

Do you take blood thinners such as Coumadin, Persantine, or Heparin? Do you take any antiplatelet medications such as Plavix, Pletal, Aggrenox? If yes to any of these please contact your primary care physicians regarding stopping these medications. Procedure can not be performed while on blood thinners

Do not have anything to eat or drink for 8 hours prior to procedure including gum, cough drops and hard Candy.

DIABETIC PATIENTS: Should not take oral diabetic medication and/or insulin prior to procedure due to NPO status, unless scheduled for an afternoon procedure. In this case they should take their regular dose of diabetic medication and a light breakfast 8 hours before surgery and clear liquids (water, apple juice, black coffee or tea without creamers or milk).

Wear casual loose fitting clothing. Leave all valuables and jewelry at home.

Please bring a list of your medications with you for every visit

If you have a flu shot make sure it's a week before injection or a week after.

Please bring a healthcare proxy and power of attorney if you have one

If you need a prescription, please received from your doctor's office before the surgery date

If you have a collar, crutches or brace please bring with you on the day of surgery.

If you are having an injection under x-ray guidance to confirm that the needle is placed in the proper position before any medication is injected. As with any procedure, there are several risks which will be discussed further with you by your physician. Complications are uncommon: however, risks include infection, allergic reaction, seizures, and post-procedure spinal headaches. There may be some increased pain which may last for several days following the procedure. All precautions are taken to minimize the effects of any of these occurrences. While these risks are minimal, you must be aware of these in order for you to proceed fully with informed consent. Any incident occurring at the Surgery Center of New England may results to a hospital for further care.

If you have any questions or need to change your appointment please contact us at 413-736-7463.

Thank You

Surgery Scheduling Staff